

CARDIOVASCULAR EXAMINATION

GENERAL EXAMINATION

(Pertinent to Cardiac Diseases)

- Breathlessness at rest
- Dilated veins in neck/chest
- Peripheral Pulses
- BP
- Pedal Edema

INSPECTION

- Pulsations on the chest wall (apical, suprasternal etc)
- Dilated veins (Jugular venous dilatation (JVD) at 45 degree inclination)
- Scars (previous surgeries, injuries)
- Rib cage deformities-kyphosis, scoliosis

PALPATION

- Local tenderness
- PMI/Apical Impulse – not displaced
- Thrills- all 4 areas
- Heave

AUSCULTATION

- Heart Sounds – S1 S2 (4 heart areas)
- Mitral area – left side lateral position (lying down)
- 5th carotid bruit (auscultation)
- Murmurs/rubs gallops

OTHER SYSTEMS: PERTINENT SIGNS TO A CARDIAC CASE

ABDOMEN:

- Hepatosplenomegaly -Right heart failure (RHF)
- Free fluid (RHF)

RESPIRATORY:

- Basal crepitations on auscultation (CCF)

